

#### A Diagnosis Of Cancer Does Not Mean A Death Sentence

I Am A Survivor, Fighter, Believer



"I stand as a survivor, fighter, and firm believer that a cancer diagnosis is not a death sentence."





## **My Journey**

"My journey through non-Hodgkin's lymphoma has been a rollercoaster of realizations and hope."

My Journey

## **A Persistent Cough**

"Months of battling a persistent cough led me to countless doctor visits and tests." —



#### Chemotherapy & Radiation



**A Diagnosis Unveiled** 

• "It took a team of dedicated healthcare professionals to reveal my diagnosis of non-Hodgkin's Large B-Cell Lymphoma."

"Some may have seen it as a death sentence, but I was determined to fight."

Cancer diagnosis does not signify the end of life.

Instead, it marks the beginning of a new chapter, one filled with challenges and obstacles to overcome. My journey has been tough, with chemotherapy and radiation treatments, five rounds of grueling physical therapy, and not one, not two, but seven surgeries in just seven years. It's been a battle, but each day I wake up, I am reminded that I am still here, still fighting, and still living life to the fullest.



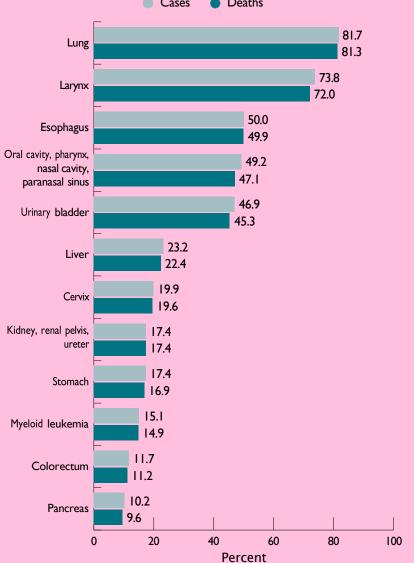
The Beginning of a New Chapter Stepping outside of my comfort zone to help and support others diagnosed with cancer.



: Cancer Is Not Necessarily a Death Sentence "While cancer is a serious medical condition, it is not synonymous with death." "Medical advancements, early detection, and quality healthcare have made survival possible."

Attributable to Cigarette Smoking, Adults 30 Years and Older, US, 2014 Cases Deaths

**Figure 1A. Proportion of Cancer Cases and Deaths** 



Source: Islami F et al, 2018.<sup>5</sup> ©2023 American Cancer Society, Inc., Surveillance and Health Equity Research 20X)

Presentation Title

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#### Hope Beyond the Diagnosis

 Achieve and maintain a healthy body weight throughout life.
Be physically active.
Follow a healthy eating pattern at all ages.
It is best not to drink alcohol. For more information:

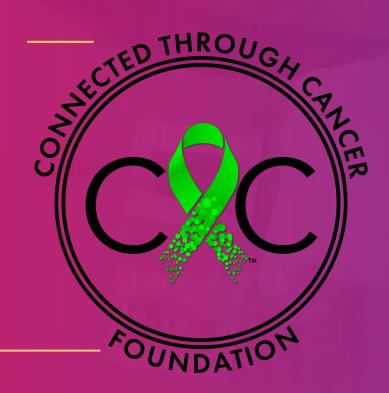
#### We embrace life after cancer and become advocates for change."

Visit cancer.org/healthy/eat-healthy-getactive/acs-guidelines-nutrition-physical-activitycancer-prevention/guidelines.html for guidelines for cancer prevention.

Visit cancer.org/health-careprofessionals/american-cancer-societyprevention-early-detection-guidelines/nupaguidelines-for-cancer-survivors.html for guidelines 3- for cancer survivors.5

Cancer Prevention & Early Detection Facts & Figures 2023 2024 Advocating for Health Equity "Health equity is a fundamental right, and no one should face cancer alone."







# THANK YOU!





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